





Before putting on a mask, clean hands with alcohol-based hand rub or soap

and water



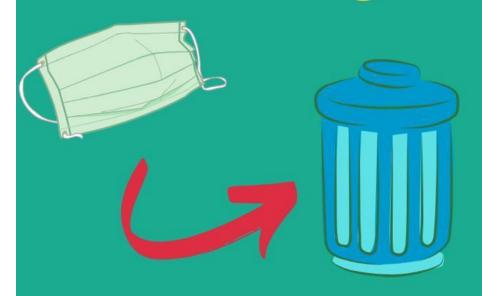
Cover mouth and nose with mask and make sure there are no gaps between your face and the mask



Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand rub or soap and water



Replace the mask with a new one as soon as it is damp and do not re-use single-use masks





To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; clean hands with alcoholbased hand rub or soap and water

